**New Zealand Certificate in Outdoor and Adventure Education (Multi-skilled) (Level 4)**

**New Zealand Diploma in Outdoor and Adventure Education (Multi-skilled) (Level 5)**

**Outdoor Activities Questionnaire**

These questions below are to help NMIT staff get to know you and your enjoyments and activities. You do not have to be super fit in outdoor activities so please answer the best you can.

**Name**: Click or tap here to enter text.

**Date of Birth:** Click or tap here to enter text.

**What activities have you experienced and enjoyed?**

Click or tap here to enter text.

**How long have you been doing these activities?**

Click or tap here to enter text.

**Do you belong to any clubs or organisations with these activities**? Yes  No

**Can you swim?** Poor  Average  Excellent

**How fit are you?** Poor  Average  Excellent

**How well do you communicate with customers and other people? Do you enjoy sharing knowledge with others?**

Click or tap here to enter text.

**How would you share your knowledge and inspire customers who are not interested in the outdoors?**

Click or tap here to enter text.

**What are your expectations of this programme? For example, what are your goals for after this programme?**

Click or tap here to enter text.

**What interests do you have in the tourism industry? What would you most like to learn about?**

Click or tap here to enter text.

Please return the form to [enrolments@nmit.ac.nz](mailto:enrolments@nmit.ac.nz)

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**Health Profile, Medical Consent and Emergency Contact Details**

Please answer all questions in this questionnaire on your personal health. While health problems are not usually a barrier to entrance into the programme, it is important for NMIT to be aware of these and NMIT may wish to discuss them more fully with you. The nature of the Adventure Tourism programme can be physically and mentally demanding and challenging and require students to be away from home and medical facilities for up to four days at a time. Some health problems may make it difficult for you to manage full-time study with a major practical component. Each person is considered on an individual basis.

**Name**: Click or tap here to enter text.

**Date of Birth:** Click or tap here to enter text.

**Medic Alert Number**: Click or tap here to enter text.

**Please tick if you have any of the following:**

Migraine  Epilepsy  Asthma  Diabetes

Dizzy Spells  Travel Sickness  Fits of any type  ADHD

Chronic nosebleeds  Heart condition  Colour blindness  Anorexia

Bulimia  Mental health issues  Current injuries

**Are you currently taking medication:** Yes  No

If YES, please state: Health condition/s:

Click or tap here to enter text.

**Do you have any allergies?** Yes  No

If YES, please specify what treatment is required?

Click or tap here to enter text.

**Outline any dietary requirements**:

Click or tap here to enter text.

**Do you have a history/current issues of addiction or dependence to alcohol or other substances?**

Yes  No

If YES, please give details as to how you manage this condition.

Click or tap here to enter text.

**Do you have any past, current or pending criminal convictions?**

Yes  No

If YES, please give details.

Click or tap here to enter text.

**Is there any information the staff should know to ensure the physical and emotional safety of you (for example: cultural practices; disability; anxiety; about heights/darkness/small spaces; pregnancy; behaviour or emotional or depression problems).**

Yes  No

If YES, please state or attach the information.

Click or tap here to enter text.

**Is there any information the staff should know about past injuries that will inhibit your participation in the activities this year?**

Yes  No

If YES, please specify

Click or tap here to enter text.

**Due to the physical nature of the programme and gear requirements, please write your weight and height below:**

**Weight (kgs):** Click or tap here to enter text.

**Height (cms):** Click or tap here to enter text.

**In the event of a medical emergency who do you want contacted. Please list two people. One family member and one friend.**

**Name** Click or tap here to enter text.

**Phone** Click or tap here to enter text.

**Family Member** Click or tap here to enter text.

**Friend** Click or tap here to enter text.

I Click or tap here to enter text., have completed this Health Declaration truthfully to the best of my knowledge. I understand that a false or misleading declaration including omissions may result in my programme enrolment being terminated.

**Signature:** Click or tap here to enter text.

**Date:** Click or tap to enter a date.

|  |
| --- |
| **Confidentiality**  The information you provide is “evaluative material” and will be held in confidence in terms of S29 (1)(b) and (3) of the Privacy Act 1993.  Your report will only be disclosed to staff and members of the selection panel. This does not prevent you from providing a copy of your report to the applicant if you wish to do so. |

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**Food Information and General Gear List for All Level 4 Students**

**Food Costs for Overnight Trips**

A major part of working in the Adventure Tourism Industry revolves around your ability to plan menus, prepare and serve food to clients in the field. During your time with us you will be given some of the basic skills to allow you to do this well. Part of your course fees go towards the cost of food, however you will still be required to pay $400 towards food cost, you will be invoiced for this and it will be required to be paid before the start of your studies. This will cover a large majority of your away trips in semester 1 and 2 (except snow and tramping) but not all this will be confirmed in your timetable.

**Clothing and Equipment Requirements**

NMIT supplies all technical equipment at Level 4 (Year One). All students will require the following minimum items and industry gear as a minimum requirement for the programme. Students are expected to have the items and gear by the first day of course, so they can learn to use them properly. The Coordinating Tutor can be contacted for information and advice regarding suitable gear.

* Lap top or desk top computer with internet access
* Sunglasses
* Sunhat
* Sunscreen
* Water bottle 1 litre
* Headlamp and spare batteries
* Personal first aid kit
* Toiletries kit
* Waterproof raincoat with a hood (preferably breathable that fit over clothing)
* Waterproof over trousers that must fit over outer layers (preferably breathable)
* Thermal clothing, 2 full sets minimum **(includes bottom layers x 2, and tops layers x2)**
* Insulating clothing layer **(fleece tops x2, down/synthetic jacket or outer layers)**
* Warm hat and/or balaclava **(fleece or wool, not acrylic)**
* 4 seasons sleeping bag ***(comfort rating minus 7 degrees Celsius)***
* Sleeping mat **(small and fits inside pack)**
* Pen, paper, pencil and waterproof notebook
* Whistle **(Fox 40)**
* Bush knife **(BAHCO good cheap knife)**
* Emergency Fire lighting kit – **lighter/matches, Flint and steel)**
* Compass (Silva or Suunto type only, no other!)
* Waterproof wrist watch (not a cell phone)
* Tramping boots (not gym or skate shoes)
* Gaiters/ putties for tramping
* Gloves (1 set waterproof for ski/boarding, 1 set thermal polypro)
* 65 - 80 litre backpack and pack liner
* Dry bags, size 20 litres or smaller ***(at least 4 bags, provide as many as you need to keep your gear dry on sea kayak and raft trips)***
* Large tote or duffle type dive bag – for gear storage
* Tent (one you may need to carry in a pack, 3 to 4 seasons lightweight 2 man tent, aim for < 2kg)
* Tramping cook pots and stove (what you buy you must be able to carry in your pack)
* Cup, plate, fork, knife, spoon
* Snack food (some trips are not covered by your food contribution)
* Paddle jacket (for rafting, river and sea kayaking (see below for details)
* Well-fitting personal wetsuit ***(must be full-length, minimum 4 mm on body)***
* River shoes(can be old sneakers (for rafting, river kayaking and sea kayaking)
* Neoprene sock ***(minimum 4 mm)***
* Rock climbing shoes
* Ski or snowboard pants (required by July)
* Ski or snowboard jacket (required by July)
* Ski or snowboard boots (required by July)
* Ski or snowboard googles (required by July)
* Ski or snowboard gloves (required by July)

Talk to the Co-ordinating Tutor regarding advice on equipment purchasing and discounts on available from local retailers.

Kayak HQ in Nelson stock a great range of water based specific equipment. They know who we are and what you will need and offer great discounts to AVT Students. Give Chris West a call and he will hook you up - 03 539 4181 and [shop@kayakhq.co.nz](mailto:shop@kayakhq.co.nz)

Gearshop.co.nz have very good prices on most items.